

Loueizeh - Baabda - Lebanon P.O. Box: 45-108 Hazmieh Tel: 05 924 090 | Fax: 05 924 089 | Email: admin@lesbg.com www.lesbg.com

Dear Parents of Junior and Infant Students,

This document contains essential information that you should keep in mind before the first day of school.

We would like to take this opportunity to welcome you to a new Academic Year 2023 – 2024. As we embark on a new academic year, we would like to take a moment to emphasize the vital role that cooperation and obedience to school rules play in ensuring the success and well-being of your children.

School is not only a place of learning but also a community where students develop important life skills, values, and character traits. Our dedicated team of educators and staff is committed to providing a safe, nurturing, and stimulating environment where your children can thrive academically, socially, and emotionally. To achieve this, we need your support in the following ways:

1. Punctuality and Regular Attendance

Ensure your child arrives at school on time and attends classes regularly. Consistent attendance is crucial for academic progress and helps your child build a strong foundation for the future.

2. Hygiene and Hair Length

Hygiene is a habit that needs to be focused on with children at an early age. Maintaining personal hygiene is necessary for many reasons; personal, social, health, psychological or simply as a way of life. Keeping a good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odors.

Therefore, for hygienic reasons, the school requires the following procedures be followed when dealing with students with long hair:

- We feel it is IMPOSSIBLE for students to concentrate in class while hair is covering their eyes and/or the student is constantly having to touch their hair to try to keep it away from their eyes and face.
- 2. Because of the many activities students are involved in during breaks, and in class, students with long hair find it more difficult to participate and/or are more likely to become sweaty, which can often lead to creating bad odors and messy hair that Infant and Junior students cannot control even when their hair is tied back.
- ALL girls' hair should be tied back neatly, away from the face.
- ALL boys' hair should be cut short. Boys' hair should be above the eyebrow level at the front and at the neck level from the back. NO hair band.
- If you have a medical or a religious reason for your child to maintain long hair, please schedule an appointment with the School Principal and ensure you provide an up-to-date letter of explanation from the specific association to submit to the Administration. Otherwise, long hair will not be permitted.
- Students who have long hair for a medical reason should have it tied to the back AT ALL TIMES, or -2 will be deducted from their conduct each time.
- No hair highlights are allowed in the Infant and the Junior Departments.

3. Uniform and Dress Code

Please ensure that your child adheres to our school's dress code and uniform policy. This creates a sense of unity and discipline among students and promotes a conducive learning environment.

- School uniform should be worn EVERYDAY except on the days when the class has PE.
- PE uniform should be worn ONLY on days that the class has PE. The teacher will inform you when those days are.

Make sure you follow the uniform regulations below:

Junior Department (Junior 1 to 5)	
Shirt	Shirts must be bought from the school uniform shop.
Trousers	Any plain dark blue (navy blue). Tight trousers are allowed but NOT leggings. They must conform to the following
	regulations: NO jeans and NO LEGGINGS of any colour
	are allowed and NO pockets and badges. Only dark
	blue.
Skirt	Any plain dark blue (navy blue). Black skirts are NOT allowed. Skirts should not be short. NO jeans and NO black.
Pull Over	Pullover must be bought from the school uniform shop.
Jacket	ONLY the school navy blue jackets are allowed. Jackets must be bought from the school's uniform shop.
Tracksuit and House Sports T- shirts	Students must buy coloured house T- shirts from the school uniform shop only - (New students will be notified of which colour by their teacher). Sports tracksuit must be bought from the school's uniform shop.
Sports Shorts	Sports shorts must be bought from the school's uniform shop.

Please note, after 2 warnings, a -5 will be deducted from the student's conduct for any uniform violation listed above.

Infant Department		
Apron	Apron must be bought from the school uniform shop.	
Jacket	Students can get their own jackets. Preferably dark colours.	
Tracksuit and House Sports T- shirts	Students must buy coloured house T- shirts from the school uniform shop only - (New students will be notified of which colour by their teacher). Sports tracksuit must be bought from the school's uniform shop.	
Sports Shorts	Sports shorts must be bought from the school's uniform shop.	
Shoes	For safety reasons, ALL shoes that are worn in Nursery, LKG and UKG MUST be fastened with (Velcro/slick slack). This includes trainers worn for sport activities.	

4. Respect for Rules and Authority - NO Bullying

Teach your child the importance of respecting school rules, teachers, and fellow students. This not only fosters discipline but also promotes a harmonious learning environment.

Together we can stop this harmful behaviour. Help STOP BULLYING?

- Provide a safe and loving home.
- 2. Communicate: Talk every day and listen to your child. Ask questions. Explain what bullying is and how no one should be bullied.
- 3. Do not blame your child for being bullied.
- 4. Boost self-esteem.
- 5. Watch for changes in behavior.
- 6. Help your child make friends.
- 7. Help your child develop social skills.
- 8. Encourage your child to talk to their teacher or school counselor if they know of any bullying happening.
- 9. Be a good example: Control your own temper and speak respectfully of others regardless of any differences you may have.
- 10. Teach your child what NOT to do, such as pushing, teasing or excluding others.
- 11. Instead of urging your child to be aggressive and hit back if faced with bullying, guide them on appropriate steps to take when someone behaves unkindly towards them or others:
 - Tell the bully to stop.
 - Walk away.
 - Get an adult.

5. Communication

Maintain open and proactive communication with your child's teachers. Stay informed about your child's progress, follow your child's conduct on LESSON, attend parent-teacher meetings, and address any concerns promptly.

6. Involvement in School Activities

Encourage your child to participate in extracurricular activities, sports, and school events. These activities contribute to their holistic development.

7. Positive Role Modeling

Be a positive role model for your child by demonstrating the values of cooperation, respect, and responsibility in your own actions.

Your input is VERY important! We ask that you, as parents, support and encourage your children to show off their good characteristics during their daily behaviours and be proud of their positive influence they share with their friends.

Your active involvement in your child's education sends a powerful message about the value you place on their learning and growth. By working together, we can create an environment where your children can reach their full potential.

We are grateful for your trust in our school and look forward to a successful partnership in raising and educating your children. Should you have any questions or concerns, please do not hesitate to reach out to us via the Administration in person OR via the school's WhatsApp number: 71 183559.

Together, we can help our children achieve great success.

Digitally Scanned

Steve White BSC DIC PhD Principal

Mrs. Grace White
Coordinator of Junior & Infant Departments